

The Battery, the first indoor baseball and softball training facility in Western New York, turned twenty five years old this week.

Rochester, New York - March 8, 2008. - When Co-Owners John, Grace and Frederick Tillinghast started the business, people were using the batting cages to practice and improve their baseball and softball swings. They incorporated training sessions such as the Winter Baseball Academy which has just finished its 23rd season, a Spring Baseball Academy, hittings camps for all ages, an Advanced Hitter's Club and individual lessons in catching, fielding, hitting and pitching.

Through the last quarter of a century, hundreds of Battery-trained players have excelled in their little league, high school and college careers, and seven of them went on to play professionally.

For the Tillinghast, it has been and continues to be a labor of love for the game. "The best reward is to see what our students have accomplished... to see them mature from little league to high school... because after spending a few years training with us they all become part of the extended Tillinghast baseball family", states co-owner Grace Tillinghast, "Mrs. T" in the baseball world.